

# ARE YOU READY TO BE FREE FROM A DRUG OR ALCOHOL ADDICTION?



**We offer a 12 week abstinence-based non-residential rehabilitation programme for people with drug and alcohol issues in Washington**

We aim to stop the cycle of addiction and enable people to give back to the communities in which they live.

We run a 12 week rehabilitation programme at our centre in Washington. It's an abstinence-based day treatment centre for men and women who want to be free from drugs and alcohol.

We recognise that recovery is so much more than a person breaking their dependency on substances. It is a quality of life that supports an abstinent recovery.

## CHANGING LIVES

**Call 08002346798 to find out more**



@changinglives\_\_



/ChangingLivesCharity

[www.changing-lives.org.uk](http://www.changing-lives.org.uk)