

WEAR RECOVERY ADDICTIONS DROP IN



Join our weekly drop in sessions for support and guidance around addiction.



OUR SESSIONS

Our informal group is ran by people in recovery and reflects on barriers to recovery, identifies dangerous situations and provides a platform to discuss coping mechanisms.

The sessions are relaxed and anyone is welcome - no matter where you are in your own recovery journey.

CHANGING LIVES

LOCATION

Trinity Church
Grange Terrace
Sunderland
Tyne and Wear
SR2 7AQ

TIMETABLE

Every Wednesday
10:00am - 10:50am: Coffee morning
10.00am - 11:10am: Food/break
11.10am - 12:00pm: Drop in session