

WEAR RECOVERY ADDICTIONS DROP IN



Join our weekly drop in sessions for support and guidance around addiction.



OUR SESSIONS

Our informal group is run by people in recovery and reflects on barriers to recovery, identifies dangerous situations and provides a platform to discuss coping mechanisms.

The sessions are relaxed and anyone is welcome - no matter where you are in your own recovery journey.

CHANGING LIVES

LOCATION

Washington Mind
Glebe Welfare Hall
Columbia
Washington
NE38 7LP

TIMETABLE

Every Wednesday
10:30am - 11:30am